

Purva Khandesh Kushtha Seva Mandal Sanchalit

Chaitanya Ayurved Mahavidyalaya

"Chaitanyavan" N.H.No.6, A/p.Sakegaon, Tal.Bhusawal, Dist.Jalgaon, (Maharashtra) - 425201, Mb.No. 8459964934

Web :- camsakegaon.org, E-mail :- ayurvedchaitanya@yahoo.in Hospital :- Jamner Road, Bhusawal - ☎ 02582- 240661, 240861

Ref. No.

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Standard Operating Procedure (SOP) for Pathya Kalpana:

Pathya Kalpana is an Ayurvedic preparation process involving the transformation of raw materials into medicinal forms.

SOP for Pathya Kalpana:

Preparation

- 1. Clean and sanitize the workspace.
- 2. Wear protective gear (gloves, mask).
- 3. Verify raw material quality and authenticity.
- 4. Measure ingredients accurately.

Procedure

- 1. Weigh and mix ingredients according to the formula.
- 2. Follow specific processing methods (e.g., roasting, grinding).
- 3. Monitor temperature, time, and texture.
- 4. Add liquids or binders as required.
- 5. Shape or fill into desired forms (e.g., tablets, capsules).

Quality Control

- 1. Check for texture, color, and consistency.
- 2. Verify weight and quantity.
- 3. Conduct organoleptic testing (taste, smell).
- 4. Store in airtight containers.

।। श्री धन्वतरये नमः।।



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Documentation

- 1. Record batch numbers and production dates.
- 2. Maintain raw material and finished product logs.
- 3. Document quality control results.

Safety Precautions

- 1. Handle materials with care to avoid contamination.
- 2. Use protective equipment when handling hazardous materials.
- 3. Follow proper disposal procedures.

Cleaning and Maintenance

- 1. Clean equipment and workspace after each use.
- 2. Regularly maintain and calibrate equipment.

By following this SOP, Ayurvedic manufacturers can ensure consistent, high-quality Pathya Kalpana preparations.

Note: This SOP is a general guideline and may need to be adapted based on specific product requirements and regulatory compliance.

Ayurved Maray Woebayes

Chaitanya Ayurved Mahavidyalaya Sakegaon - Bhusawal

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Standard Operating Procedure (SOP) for Pathya Kalpana:

Manda

- Ratio: 1 part Tandula (rice) + 14 parts water
- Preparation: Boil over Mandagni, collect supernatant liquid (Manda)
- Biological Properties: Laghu, Sheeta
- Biological Actions: Deepana, Pachana, Grahi, Vatanulomaka

Peya

- Ratio: 1 part Tandula (rice) + 14 parts water
- Preparation: Boil over Mandagni, collect mixture of Siktha (solid) and Manda (liquid)
- Biological Properties: Laghu, Pachana, Vatanulomaka, Dhatupushtikara
- Indications: Jwara, Atisara

Pralepi/Vilepi

- Ratio: 1 part Tandula (rice) + 4 parts water
- Preparation: Boil over Mandagni, collect solid part
- Biological Actions: Vatanulomaka, Tarpaka, Graahi, Laghu, Hrudya

Yusha

- Ratio: 1 part Shimbi dhanya (grains) + 18 parts water
- Preparation: Boil over Mandagni, collect thin gruel
- Properties: Laghu, Ruchya, Kaphapaha

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Yavagu

- Ratio: 1 part Tandula (rice) + 6 parts water

- Preparation: Boil over Mandagni, collect cooked rice particles

- Indications: Siravedha, Garbhini, Unmaada, Mandagni, Trushna

PRINCIPAL
Chaitanya Ayurved Mahavidyalaya
Sakegaon - Bhusawal