## Initiation of new ideas in Prastuti Tantra Streerog

## 1. Uttar Basti

- . special setup of uttar basti kaksha (properly fumigated and dissantificated) use for uttar basti
- . proper pre-operative operative post operative care is taken
- . use of standard operative system for uttar basti karm
- . We use Intrauterine insemination cannula instate of Uttar Basti cannula and disposable syringe inspite of basti putak it is disposable, easy to operate, less painful, cost effective

## 2. Garbhini Paricharya

- .Guiding patient regarding benefits of garbhdhana vidhi, garbha sanskara,garbhini paricharya .Garbhini Patient belong to rural and remote areas are guided about garbhini paricharya and garbh sanskar and educated to maintain health status of mother and fetus
- .Do's and don't in garbhini paricharya are properly explainto garbhini
- . proper information of process of prasava is explained with help of pictures and models

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